

# MAY 2022 SPIRITUAL ACTIVITIES

Activities to inspire acts of kindness and to deepen our study of our Bible Lessons

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Honor the unifying and powerful effects of 'One infinite God, good.'	2 Give thanks for Spirit's confirmation of us as children of God.	3 See the innocence of everyone you encounter today.	4 Accept you are born of God and incapable of sin.	5 Review hymn 382	6 Identify any serpent suggestions of lack in your thinking.	7 Welcome child-like receptivity to face a difficult situation.
8 <i>Mother's Day</i> Identify all mothers as upright and Godlike.	9 Ponder what being 'reconciled to God' means.	10 Share something inspiring with someone.	11 Affirm your 'sufficiency is of God' before each task today.	12 Review hymn 464	13 Trust Christ resets our intentions when needed as Saul's experience illustrates.	14 Pray about a societal issue moving your thought from the 'scholastic to the inspirational.'
15 Rejoice in understanding our ability to see and prove 'the real man.'	16 Joyfully sing recalling a redeeming experience.	17 Thank at least one person for something.	18 Cherish God's law being written in everyone's heart.	19 Review Hymn 148	20 Realize our prayers are mighty, offsetting human mis-conceptions.	21 Accept Peter's blessing and ponder the 'day star' arising in your heart.
22 Thank Truth for 'the way' into our 'heaven of Soul!'	23 Affirm God's comfort is felt in all 'waste places.'	24 Do something generous when you don't feel like it.	25 Identify how God's kingdom is 'in power.'	26 Review Hymn 207	27 'Watch and pray' about a political issue.	28 Invite the power of Christ to cast out any 'accuser' in your thought.
29 Acknowledge the world's citizens being free as children of God!	30 Note evidence of God being 'great,' doing 'wondrous things' in your life.	31 Share something funny with someone.	<b>Passages inspiring the activities:</b>			
			5/1 SH 340:23	5/11 II Cor.3:5	5/21 II Peter 1:2,3,19	
			5/2 Rom. 8:16	5/13 Acts 9	5/22 SH 535:15	
			5/4 1 <sup>st</sup> John 3:9	5/14 SH 256:2-5	5/23 Is.51:3	
			5/6 Gen.3:1-5	5/15 SH 300:9	5/25 I Cor.4:20	
			5/7 SH 236:28-29	5/16 Ps.71:23	5/27 Mark 13:33	
			5/8 SH 200:16	5/18 Jer.31:33	5/28 Rev.12:10	
5/9 II Cor.5:20	5/20 SH 42819	5/29 SH 227:24-26				
					5/30 Ps.86:10	