

FEBRUARY 2022 SPIRITUAL ACTIVITIES

Activities to inspire acts of kindness and to deepen our study of our Bible Lessons

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Apologize to someone.	2 Accept the blessing promised by John as you read the Lesson.	3 Review hymn 88	4 Note the listening to Spirit and angel references throughout the Lesson.	5 Speak to yourself in psalms and hymns today.
6 Joyfully look for evidence of being "subject to the divine 'powers that be.'"	7 Accept that the 'beauty of the Lord' is upon you.	8 Share something beautiful with someone.	9 Affirm all nations are awake to the righteousness God springs forth.	10 Review hymn 582	11 Hold the promises of beauty and peace for those feeling 'afflicted' at work.	12 Ask the Lord to open your eyes to see a personal situation divinely.
13 Look to see Soul expressed by everyone you see or think of.	14 <i>Valentine's Day</i> Ponder God's ever-lasting glory, majesty, dominion and power.	15 Thank at least one person for something.	16 Explore how discretion preserves us and understanding keeps us.	17 Review hymn 482	18 Recall times you asked for and received God's wisdom.	19 Trust the action of Truth, Life and Love to give harmony in a discordant situation.
20 Rejoice in Mind being All-in-all and us being its infinite manifestation!	21 <i>President's Day</i> Cast out devilish thoughts regarding politics.	22 Share with someone a funny story on yourself.	23 Imagine being John the Baptist during Jesus' baptism.	24 Review hymn 221	25 Recall a time you felt the tenderness and might of Spirit.	26 Make some 'deep and conscientious protests of Truth.'
27 Look for moments to demonstrate 'Truth and Life, health and holiness.'	28 Accept being greatly beloved by God and note what fears melt.	Passages inspiring the activities:				
		2/2 Rev. 1:3	2/9 Is. 61:11	2/16 Prov. 2:11	2/23 Matt. 3:16, 17	
		2/4 whole Lesson	2/11 Is. 54:11-13	2/18 James 1:5	2/25 SH 514:18-19	
		2/5 Eph. 5:19	2/12 II Kings 6:17	2/19 SH 169:27	2/26 SH 12:10	
		2/6 SH 249:6-9	2/13 SH 477:26	2/20 SH 468:10-11	2/27 SH 37:22-25	
		2/7 Ps. 90:17	2/14 Jude 1:25	2/21 Mark 16:17	2/28 Dan. 10:19	