



MAY 2021

DAILY SPIRITUAL ACTIVITIES

Activities to inspire acts of kindness and to deepen our study of our Bible Lessons

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Passages inspiring the activities:</p> <p>5/1 SH 296:4-6 5/9 SH 476:31 5/17 Ps.118:27 5/26 Eph.6:10-17 5/2 SH 99:23-29 5/10 Ps.17:15 5/19 SH p70-71 5/28 SH 205:22 5/3 Ps.78:19,25 5/12 Gen.32:24-30 5/21 I Cor.6:19 5/29 SH 446:27 5/5 Matt. 4:11 5/14 SH 236:28 5/22 Acts 16:9-15 5/30 SH 569:11-14 5/7 Ps. 91:2,11 5/15 SH 518:19 5/23 SH 249:31 5/31 Ps. 24: 1 5/8 SH 559:19 5/16 SH 495:20 5/24 Rom. 8:31</p>						1
2 Cherish the everlasting truth of being 'God's spiritual, perfect man'!	3 Explore why the Lesson on Adam begins with God supplying food.	4 Give someone a compliment	5 Recall times angels have 'ministered' you.	6 Review hymn 201	7 Accept God as refuge to refute homelessness.	8 List ways Science and Health has fed you.
9 <i>Mother's Day</i> Rejoice that our divine Mother keeps us unfallen!	10 Ponder the satisfaction of waking up to being God's likeness.	11 Share something inspiring with someone.	12 Wrestle with a societal issue until you feel God's blessing on it.	13 Review hymn 144	14 Affirm your childlike receptivity.	15 Identify the 'varied expressions of God' around you.
16 Give thanks for everyone's immortality and harmony.	17 Bask in the light God is showing you.	18 Greet or wave to at least one person.	19 Ponder 'real and unreal identity'	20 Review hymn 475	21 Accept your body as 'the temple of the Holy Ghost'	22 Recall times God led you to help someone like Paul was to Lydia.
23 Celebrate that we are the reflection of Soul!	24 Gratefully accept that God is always 'for us.'	25 Share something funny with someone.	26 Look for the 'armour of God' throughout the Lesson.	27 Review hymn 29	28 Affirm 'the divine law of loving our neighbor' is at work in government.	29 Examine thought for hypnotic elements of human will.
30 Yield to 'a sweet and certain sense that God is Love.'	31 <i>Memorial Day (observed)</i> Recognize God's fullness includes those no longer seen.					